

*Student Success —  
Winooski & Beyond*



21st Century Community Learning Center

## Winooski Middle & High School Afterschool Programs

Session 5: May 1-June 2, 2017  
3-4pm (unless otherwise specified)

Session 5 afterschool program offerings are listed below.  
All programs are free and a healthy meal will be provided each day.  
**Registration forms are accepted until programs are full. Thank you!**

**There are no afterschool programs on 5/10 and 5/29**

### ENRICHMENT PROGRAMS

#### **Learn Kempo Ju-jitsu (for GIRLS in grades 6-9)**

**Ms. Keller**

Based upon elements of Karate, Kung Fu, and Jiu-Jitsu, Kempo Ju-jitsu combines striking and kicking techniques with grappling and throwing skills to form a complete self-defense system. Designed for **Winooski middle and high school girls**, this class will improve a student's strength and confidence, while having a lot of active fun. Taught by WMS teacher and black-belt instructor, Ms. Keller, in partnership with Martial Way Self-Defense Center of Milton and Colchester. Belts and uniforms provided. **If you participated in Session IV you are automatically enrolled in this session unless you tell us not to enroll you.**

**Mondays**

**Room 49 and Room 102 (when room 49 is not available)**

**Powerlifting (Grade 6-8)** Mr. Kernoff is offering a new after school weightlifting program. You can learn how to be your strongest and how to use weightlifting to learn self-regulation and distress tolerance. This group is open to all middle school students who want to learn competitive powerlifting from an expert! **If you participated in Session IV you are automatically enrolled in this session unless you tell us not to enroll you.**

**Mondays**

**Weight room**

#### **Community Service Opportunity (for grades 9-12) Earn your hours for community service now!**

We are looking for committed high school students to help support our programs for k-5<sup>th</sup> graders on Tuesday-Thursday. If interested, please see Suzanne Skaflestad in the middle/high school office. Any interested student will need to provide Ms. Suzanne with two references from school staff.

#### **Technology Core Support (for grades 9-12)**

**Ms. Poquette**

Do you want to be able to type as fast as you think? Do you want help with your business simulations, applying for a job, or organizing your digital work? Come to room 211 for time to work independently or to receive one-on-one support.

**Mondays and Wednesdays**

**Room 211**

#### **Academic Support (for grades 9-12)**

**Ms. Hackett**

Tutor Coordinator will be available to offer structured support to students.

**Mondays and Wednesdays**

**Room 209**

#### **English is Fun (for grades 5-8)**

**Ms. Schneider and Ms. Sherrer**

Join Ms. Schneider and Ms. Sherrer on Tuesday afternoons to learn and practice English. We will be playing classroom games, using computer programs, and doing some basic reading and writing activities to make learning English fun.

**If you participated in Session IV you are automatically enrolled in this session unless you tell us not to enroll you.**

**Tuesday**

**Room 108**

**Winooski Above the Influence (for grades 5-8)** Join the Winooski Above the Influence (ATI) group which focuses on substance use prevention. You can make new friends, have fun and support each other in making healthy choices. Rachel Swanson, the youth engagement coordinator at WCSPC, and Lucas Zweeres, middle school student leader teaches this class. **If you participated in Session IV you are automatically enrolled in this session unless you tell us not to enroll you.**

**Tuesdays**

**Room 103 (at middle school)**

**Learn to Sew (for grades 6-9)**

**Ms. Maughan**

Come and learn how to make your own clothes. You will learn how to use a sewing machine, read a pattern, and create a piece of clothing just for you or a stuffed animal, if you choose. No sewing experience required. **Class meets until 4:30. If you participated in Session IV you are automatically enrolled in this Session unless you tell us not to enroll you.**

**Tuesdays**

**Room 113**

**Math Core Support (for grades 9-12)**

**Ms. Thibodeau**

Come enjoy the math lab and receive support in Math: IMP 1, IMP 3, Foundations of Algebra and Intermediate Math.

**Tuesdays**

**Room 208**

**Math Core Support (for grades 9-12)**

**Ms. Mellen**

Math Support with Mrs. Mellen provides a time for you to work on strategies that will facilitate and enhance your understanding of math concepts, specifically in the content areas of IMP-2, Pre-calculus, and Calculus. Please plan to attend!

**Tuesdays**

**Room 206**

**Science Core Support (for grades 9-12)**

**Ms. Bundy and Mr. Crowley**

This time is dedicated for you to get more individualized support in your science learning and to provide a place for you to do independent science work. Plan to join Ms. Bundy every Tuesday afternoon to get your questions answered, receive extra help, or for a quiet place to work on science.

**Tuesdays/Thursdays**

**Room 201 (Tues) and 200 (Thurs)**

**Language Arts Core Support (for grades 9-12)**

**Mr. Steele**

Need some help with reading or writing assignments? If so, come see Mr. Steele on Tuesdays to get your questions answered and to have some fun while doing your work.

**Tuesdays**

**Room 209**

**Writing Club (for grades 6-8)**

**Ms. Sherrer**

Do you love to write? Would you like to learn some techniques to grasp your readers? We will be writing and sharing stories and poetry in a fun, relaxed and supportive environment. **If you participated in Session IV you are automatically enrolled in this session unless you tell us not to enroll you.**

**Wednesday**

**Room 108**

**Tennis at the Edge in South Burlington (for grades 6-8)  
in partnership with King Street Youth Center and the City of Winooski**

**Jake Agna (Tennis Pro)**

Do you want to learn how to play tennis? Join us as we travel to the Edge (Farrell Street in South Burlington) for tennis lessons with tennis pro, Jake Agna. Racquets will be provided. Signed permission slips are required to participate. Class is from 3:00-5:00 p.m. **There are a few open spots for our 5<sup>th</sup> session so please complete registration form if you are interested in Tennis.**

**Fridays**

**The Edge in South Burlington**

**QUESTION: Are there other classes you would like us to offer next school year. Please list them on the registration form.**



**Please return this form to your TA teacher or Ms. Skaflestad**

**Registration forms are accepted until classes are full. Thank you!**

**Classes meet until 4pm unless indicated otherwise.**

---

I would like to sign up for the following **Session 5** afterschool programs:

- \_\_\_\_\_ Powerlifting (Mondays, Grades 6-8)
- \_\_\_\_\_ Learn Kempo Ju-jitsu with Ms. Keller **(for Middle School girls)** (Mondays, Grades 6-9)
- \_\_\_\_\_ Learn to Sew (Tuesdays, Grades 6-8) (This class meets 3-4:30) **8 students maximum**
- \_\_\_\_\_ Winooski Above the Influence (Tuesdays, Grades 5-8)
- \_\_\_\_\_ English is Fun! (Tuesdays, Grade 5-8)
- \_\_\_\_\_ Writing Club (Wednesday, Grade 6-8)
- \_\_\_\_\_ Tennis at the Edge (Fridays, Grades 6-8) **(3-5 pm)**

**Please see Suzanne Skaflestad if you are interested in the community service opportunity (for grades 9-12)**

**Remember, you don't need to pre-register for the following High School Core Support programs. (for grades 9-12) Just plan to show up each week to get the help you need!**

- Monday and Wednesday Technology Core Support with Ms. Poquette in Room 211
- Monday and Wednesday Academic Support with Ms. Hackett in Room 209
- Tuesday Math Core Support with Ms. Thibodeau in Room 208
- Tuesday Math Core Support with Ms. Mellon in Room 206
- Tuesday Science Core Support with Ms. Bundy in Room 201
- Tuesday Language Arts Core Support with Mr. Steele in Room 209
- Thursday Science Core Support with Mr. Crowley in Room 200

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

TA Teacher: \_\_\_\_\_ Name of siblings (K-8) in afterschool programs \_\_\_\_\_

Please tell us other classes you would like us to offer next school year:

---

---

---